

CUMBERLAND

resortandspa

Activities Booklet





Explore Beautiful and
Unforgettable Norfolk Island by
Spoiling Yourself with a Variety
of Land and Water
Based Activities

Guests staying with Cumberland Resort & Spa are welcomed to venture forth and explore the breathtaking beauty that makes our little slice of paradise so special.

Immerse yourself in the captivating Kingston Grounds, hidden Corals of Emily Bay, and/or the mesmerizing 360 Degree Panoramic view from Mt Pitt.

We invite you to obtain further information on the activities and more directly from our helpful management team at Cumberland Reception.

EXPLORE

EXPLORE THE MAGNIFICENT BEAUTY THAT IS NORFOLK ISLAND THROUGHOUT YOUR STAY



Discover Our World

The complimentary tour for all first time visitors to Norfolk Island sets the scene for the rest of your stay by introducing you to the splendors of our beautiful island paradise.

A perfect beginning to your holiday!

Tour Includes morning tea served on-top of Mt. Pitt

Complimentary

3 hours



Farm and Industry Tour

Peek behind the tourism industry and visit the market garden, piggery, and state of the art kentia palm nursery that export seeds all around the world. This tour is a wonderful insight into the Islands farming industry. Indulge your senses within Cascades Soft Drink and Liqueur Factory which specialize in delicious products made from many of the islands wild fruits.

Tour Includes morning tea

3 hours

Colleen McCullough Home Tour

Step into the personal world of renowned author Colleen McCullough. Follow one of our exclusive guides through her amazing and majestic home built with the help of her husband Ric Robinson. This is a new tour as her home was never open to the public until Colleen's passing in January 2015. Experience the tour of a lifetime viewing numerous priceless art treasures from around the world

Tour includes a chance to purchase one of her 24 intriguing novels that made her famous (Thornbird's, Tim, Angel Puss, and many more!) (Cash Only Purchases)

2 hours



Art Trail Tour

Explore the creative studios of Norfolk's well-known local artists. Visit the location where our local stamps are produced, and experience the magnificent 360° panoramic Cyclorama painting, and meet the artists responsible for this magnificent work of art.

3 hours

4 - Wheel Drive Tour

This back and beyond tour takes you on an informative journey with a few adventurous and direct descents of the Bounty Mutineers. Drive through impressive private properties and Norfolk's National Park which features spectacular scenery, native flora and bird life from a unique perspective.

Tour includes delicious homemade cakes with tea and coffee at a beautiful island home.

3 hours

Norfolk Today

How do supplies come into Norfolk Island?
How is the Island's power generated?
What happens to all of the general waste?
This fascinating tour will not only answer these questions, but will lead you on an excursion through the backbone of Norfolk Island's infrastructure placing together missing pieces that is not typically seen by the public.

Tour includes Wine, Beer, and Juices at the RSL Club
(A Local Shrine to Norfolk's fallen heroes)

3 hours

Glass Bottom Tour

Discover life within the depths of Emily Bay's reef by taking a cruise in a glass bottom semi-submersed vessel. View the natural corals, exotic marine-life, and hidden treasures with the added benefit of not getting wet.

Strictly Operates at Low Tide (Weather Permitting)

2 hours

Culla's Horse and Carriage Tours

Leave the modern world behind and join Culla & his Clydesdales (Ricky, Sailor, Zac and Sam). These beautiful horses will take you where cars cannot go, to see Norfolk's countryside at a leisurely pace. From the time you leave the Coach House, until you return, you will be treated to tales of Island life in true Culla style.

Tour includes morning tea

3 Hours





Lantern Lit Ghost Tour

The Lantern Lit Ghost walk permits you to take a stroll through Norfolk's only Graveyard. Spooky stories, and terrifying historical facts from the Island's convict past accompany you along the way. Follow the guide through Australia's most infamous haunted house, Kingston's first insane asylum. Other stops include various ruins dating back to 1814. This tour is sure to be one of the more terrifying under a moonlight night.

Tour includes a glass of wine (port) and chocolates to help you get some sleep after this chilling tour
(Dinner optional - Please enquire at our reception desk about the logistics)

2 hours

Island Cultural Tour

Experience the arts of wood craft, weaving, and cooking. Observe a traditional woodturning and weaving demonstration. Visit an Island home where you will learn about our well known island cuisine. Learn about our Norfolk language derived from our mutineer ancestors and their Tahitian wives through a small presentation on the Norfolk language which is still spoken today

Indulge in the culture of our forebears!

Tour includes an afternoon tea break

3 hours

Behind the Hedges

Travel to Anson Bay to visit a small hobby farm, which has been instrumental in improving our local livestock industry. Observe a pottery demonstration at Norfolk's foremost potter's cottage and then browse within its local gift shop.

Tour includes morning tea at a scenic lookout and a chance to see the islands largest Banyan Trees

3.5 hours



NATURE

360 DEGREES OF NATURAL LANDSCAPE,
SURROUNDED BY A FIERCE BLUE OCEAN
LEAVES ALL WHO VIEW ITS
MAGNIFICENCE IN AWE

Cynthia's Garden Tour

Take a wonderful tour around local island homes and their beautifully presented gardens. Our guide, Cynthia will introduce you to the eye-catching plants commonly found around Norfolk Island, and a few that are harder to find. A perfect activity for any botanist and plant lover, as it offers a chance to learn more about the wonderful world of flora situated on our tiny slice of paradise.

Tour includes drinks and snacks

3 hours

Green-fingers

Travel through some of the Island's loveliest gardens. Visit a nursery owned and operated by a young Norfolk Islander to view the local hydroponics that make this place so interesting. A perfect tour for anyone with a green thumb and interested in the specifics of horticulture.

Tour includes morning tea at a gorgeous private garden offering a very scenic lookout

3.5 hours



Margaret's Bird Finder Tour

Norfolk Island's unique birds are waiting for you! Visit, private properties and stunning coastal areas where 25 rare and endemic bird species can be found in the Island's subtropical rainforest.

Tour includes drinks and snacks and sensational photographic opportunities

3 hours

Wonderland by Night

A 10 acre setting of magical Norfolk pines and bushland is lit up like an enchanted forest. Meander along or ride in the 'moon buggy' along a gentle winding path with Matt Bigg, a descendant of the Bounty Mutineer), as he recites local poems and lights up the diorama to follow his storyline.

2.5 hours



HISTORIC RECALL

Convict Kingston

Learn about the first convict settlement on Norfolk Island (listed as a World Heritage Site). Your specialised guide has more than 40 years' experience in exploring this site. Experience tales of the first settlers, Polynesians who came 900 years ago, and the impact that the First and Second Convict Settlements, as well as, the infamous 'Bounty' Mutineers had on this prestigious site

Tour includes Dinner and Drinks

3 hours

History in the Making

A Comprehensive History Tour of Norfolk's 4 Settlements. Experience first-hand stone-cutting, shingle splitting, timber cutting and cloth & rope making. Visit a 200 year old work site and see where produce gardens once thrived, processing mills stood, and the Island's first infrastructure was established.

Tour includes morning tea

3 hours

STEP BACK IN TIME AND VISIT THE FIRST CONVICT SETTLEMENTS ESTABLISHED ON NORFOLK ISLAND. WE WELCOME YOU TO EXPLORE THE RUINS AND LEARN ABOUT THE EARLY HISTORY OF WHAT MADE THIS ISLAND PARADISE

Convict Settlement Tour

Join us on an 'In Depth' tour of the historic Georgian settlement of Kingston. Walk through the cemetery and listen to the history of some of the interesting convict & colonial headstones. Listen to stories of the houses along Quality Row; walk through the ruins of the New Gaol, Pier Store, Boat Shed, and the Crank Mill.

Tour includes afternoon Tea

3 hours

Pitcairn Settlers Village

View the tools, transport, treasures and trinkets of the first Pitcairn Settlers in a truly memorable tour. Follow your guide through the oldest working forge prior to stepping foot onto a 1928 Model Ford (Norfolk Islands First Tour Bus). Learn how the first Pitcairn Settlers cultivated the land for subsistence and industry. End at the Gracious Old Bailey Home which is situated among lovely subtropical gardens, colourful scrubs, fruit, and vegetables first utilized by the settlers to the Island

Tour includes refreshments at the gracious Old Bailey Home

2 hours



Cemetery Tour

Spanning over 200 years, the Norfolk Island Cemetery is one of the most important and unique cemeteries in Australasia. A local guide will lead you through the gravestones and provide associated stories. This tour is unique and truly memorable experience.

Tour can be linked to the Museum Pass

1 hour

Museum Pass

Located in four of Kingston's World Heritage buildings, the Museum allows you to discover our turbulent past and living present day's culture. A Museum Pass permits you to explore at your own pace with multiple entries and guided tours. Discounts to our cemetery tour are available when you purchase a Museum Pass.

Tour can be linked to the Cemetery Tour (Save \$\$)

All Day

ADVENTURE

NORFOLK ISLAND OFFERS NUMEROUS ACTIVITIES THAT KEEP ANYONE WITH AN ADVENTUROUS SPIRIT ENTERTAINED THROUGHOUT THEIR STAY. ELEVATE YOUR EXPERIENCE BY TREKKING THROUGH THE NUMEROUS HIKING TRAILS, OCEAN VOYAGES, AND CORAL VIEWING OPPORTUNITIES FOUND ON THIS LITTLE SLICE OF HEAVEN

Coastal Kayak Tour

A soft adventure experience that enables you to take away pleasant memories of your holiday on Norfolk Island. Your personal guide will take you to numerous scenic locations with a final stop to snorkel in a stunning rock pool.

Single and Double Ocean Kayaks are available (Reasonable level of fitness required)

4 hours

Round Island Cruise

Take an excursion of a lifetime by circumnavigating Norfolk Island. This memorable cruise includes our two outer islands, Phillip and Nepean. For those passionate about photography or inquisitive about seeing our island from another perspective, this sea cruise is your perfect holiday experience.

Not recommended for anyone prone to sea-sickness

3 hours

Snorkeling and Reef Walk

Explore the lagoon, feed the fish & learn about their natural habitat. This fun and educational activity is suitable for all ages permitting exploration of the depths of Emily Bay. Search for hidden treasures within one of the most Southern Reefs in Australasia.

Sensible shoes are highly recommended if you choose to walk

2 hours



The Real Estate Tour

A privileged opportunity to have an entrée' into the private world of Norfolk Island Real Estate.

A must for those who are interested in viewing a snapshot of what's on the market but also for those who are intrigued by the logistics of building on a remote island with a plethora of options with local and imported materials. We will visit a selection of well-appointed properties and if possible, visit a house under construction. You will enjoy the stories of famous people both past and present who have selected Norfolk as their beautiful island sea change. View one-time resident Helen Reddy's memorabilia along the way.

Tour Includes morning tea

3 hours



½ Day Fishing Charter

Join our half-day fishing charters, created to cater for all age groups; all experience levels and different stages of agility. This outstanding fishing excursion to the deep sea reefs surrounding the Norfolk Island chain offers you a chance to learn about the different types of fish that abound in our marine surroundings.

Close Shore/Deep Sea Fishing Available

Charters include bait, fishing gear & refreshments (Highly weather dependant)

4 hours

Phillip Island Cruise and Trek

Norfolk Island's local skipper, "David Bigg" will take you to numerous outer reefs on an experience never to be forgotten. This adventure includes a trek through Phillip Island's majestic National Park providing an opportunity to observe the awe inspiring landscapes, endemic and unique flora and fauna, and nestling seabirds.

Tour includes all gear necessary (Reasonable level of fitness required)

All Day

I-Pod Self-Paced Tour

Wander at you own leisure and be guided through some of Norfolk's most interesting locations in the comfort of your own car. Our I-Pod self-guided tour will take you around to local historic sites and explain what makes them so popular today.

Tour Includes I-Pod and directional map

All Day

Round the Island Tour

This is the ideal introductory tour to Norfolk Island. You will visit “must-see” spots such as Mt Pitt, Captain Cook Monument, St. Barnabas Chapel and the World Heritage Listed Kingston Area, as well as places the other introductory tours simply don’t take you. You will learn about the Islands history, economy and ecology along the way.

Group and Family Rates available

3.5 hours

Photographic/Island Adventure Tour

Take the roads less travelled. This is for those who have been here many days or many times and are seeking to enhance their Norfolk experience with things from the off beaten track. Based on what you have not seen yet, we can create a unique itinerary for you.

Group and Family Rates available

3.5 hours

PERSONALISED

EXPERIENCE NORFOLK ISLAND WITH BOUNTY DESCENDANT BIOLOGIST AND WRITER, “RICK KLEINER”. EACH TOUR IS TAILORED TO YOUR INDIVIDUAL INTERESTS (INCLUDING NEW ONES). EACH TOUR PROVIDES A DELECTABLE MORNING OR AFTERNOON TEA

THESE TOURS ARE FOR THE DISCERNING TRAVELLER PREFERRING TO TRAVEL IN SMALL, MORE PERSONABLE GROUPS. YOU WILL BE PICKED-UP AT YOUR ACCOMODATION AND DRIVEN IN MODERN, AIR CONDITIONED COMFORT. RICK’S LOVE & KNOWLEDGE OF NORFOLK ISLAND WILL CREATE AN UNIQUE & MEMORABLE EXPERIENCE.

Convict Norfolk Island

This is a comprehensive, personal tour of Norfolk’s infamous penal colony era, including visits to the Gaol, Military Barracks, Convict Hospital and Cemetery. Learn first-hand the human story behind the cruelty, including attempts at reform and the rare acts of kindness

Group and Family Rates available

3.5 hours

Norfolk Craft and Graft

Visit one of our finest traditional weavers and then one of our outstanding woodworkers. Meet the people behind a new, innovative nursery and grafting centre. Have an exclusive tour of Norfolk’s Museum of Technology. This is the only tour of its kind.

Only Sunday Afternoons (Minimum of 4 people required)

3.5 hours



Mt. Pitt/Bates to Captain Cook Nature Walk

Emphasizing the natural history of the National Park, join the longest guided walk on Norfolk. Start from our two highest points (and largest views) to the beautiful coastal scenery of Captain Cook Memorial; approximately 3.5km long. A delicious continental breakfast and vehicle will await you there

Only Tuesday & Saturday (Minimum of 4 people required). Appropriate walking shoes are highly recommended

3 hours

Breakfast Bush Walk
(Clifftop BBQ)

Discover the incredible scenic beauty of Norfolk Island's natural environment on a relaxing and informative guided one hour bush walk. Learn about our unique ecosystems and endemic flora and fauna. Arrive in time to enjoy a well-deserved hearty cooked breakfast in the National Park.

Tour offers the opportunity to opt out of the long walk and transfer easily to join the walkers for a clifftop barbeque

2 - 3 hours

INDULGENCE

INDULGE YOUR SENSES,
AND LEARN ABOUT SOME
OF NORFOLK ISLAND'S
CULINARY SECRETS.

Xtian Brother Cheese
Tour

This unique cheese tour will take you on an adventure inside a boutique cheesery founded by two island brothers (John and Glen Christian). This informative tour enables you to learn about milk and cheese production on Norfolk Island.

Tour includes a chance to sample a range of delicious locally produced organic Feta, Haloumi and yummy cheddar along with complimentary wines, followed by a visit to a local sawmill & introduction to the honey production on Norfolk Island

3 hours

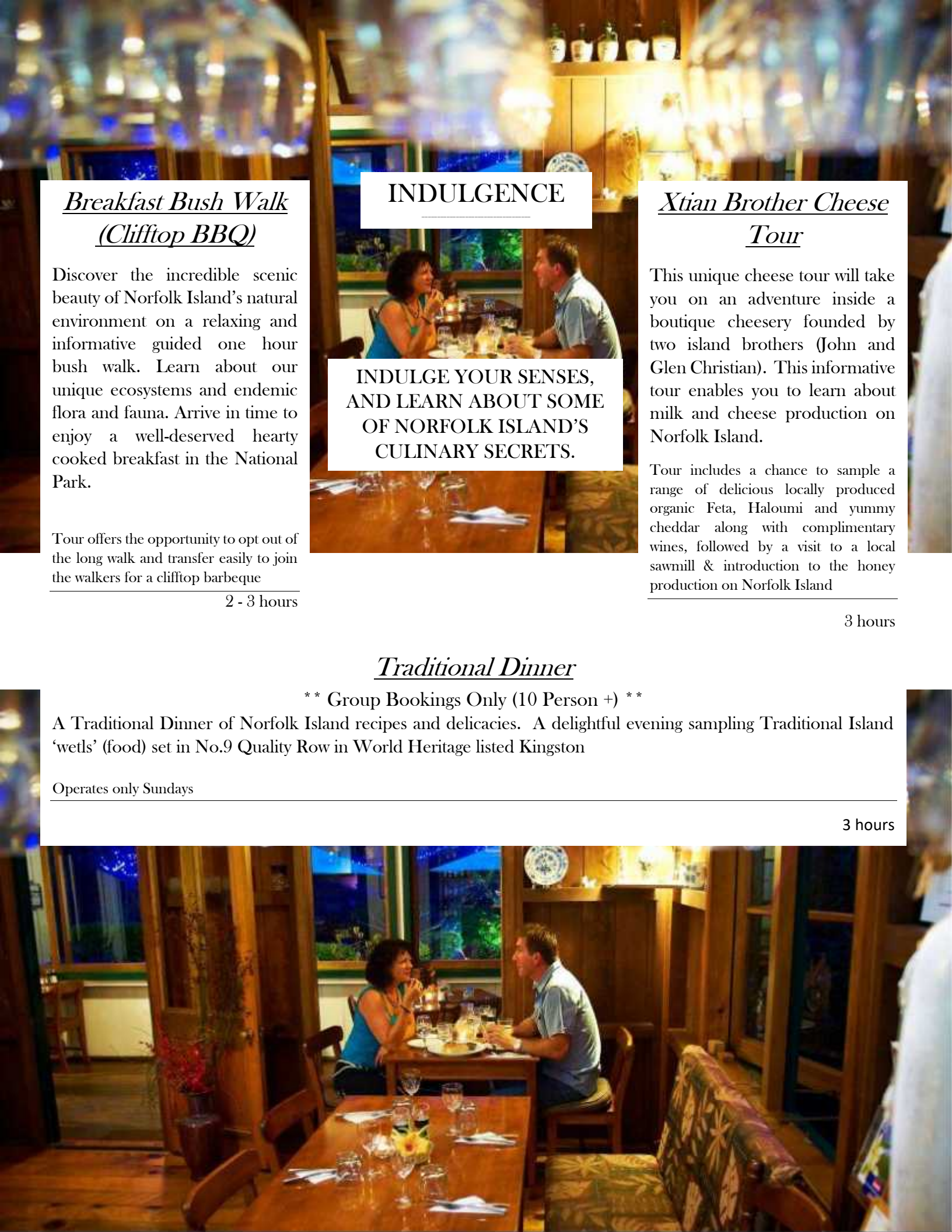
Traditional Dinner

** Group Bookings Only (10 Person +) **

A Traditional Dinner of Norfolk Island recipes and delicacies. A delightful evening sampling Traditional Island 'wetls' (food) set in No.9 Quality Row in World Heritage listed Kingston

Operates only Sundays

3 hours



Night as a Convict

A fun night out for all ages!

Dress as a convict & join in with the Commandant for an evening of gaiety, feasting, singing, and dancing. Great food! Great fun!

Norfolk's only dinner & dance night and is the most popular dinner attraction on Norfolk.

Tour includes outfits for the night

4.5 hours

Hilli Goat Tour

The Hilli Goat Tour meets at the Pottery Studio in Anson Bay where you can choose one of the two versions of the tour

The short tour includes milking of the Island goats, visiting the Cheese factory and having a small lunch overlooking a scenic location.

The full tour includes a walk through a local property, milking the Island goats, visiting the Cheese factory and having a small lunch overlooking a scenic location.

1.5 - 2.5 hours

Progressive Dinner

Enjoy the warm hospitality of three island homes while learning about their heritage, life on Norfolk Island, and traditional Island culinary recipes. This three course home-cooked dinner with fresh local produce will provide insight into some of the secrets and challenges of Norfolk cuisine.

Not recommended for anyone with any medical conditions

3.5 hours

Island Fish Feast

Take the opportunity to indulge in a feast of Island cuisine including salads, homemade bread and fresh fried fish, local Island desserts, tea and coffee at Norfolk's beautiful Puppy's Point while watching the sun set over the vast horizon and listening to local entertainers.

Additional charge per person if transport is required. Alcohol provided onsite

2.5 hours



THEATRICAL

ENTERTAIN YOUR MIND AND INDULGE YOURSELF WITH A FEW FUN FILLED AND HISTORIC THEATRICAL DISPLAYS. THESE AMAZING SHOWS WILL TAKE YOU BACK IN TIME AND SHOW YOU FIRST HAND WHAT LIFE WAS LIKE DURING THE FIRST CONVICT SETTLEMENTS ON NORFOLK ISLAND

Mutiny on the Bounty

Experience a chance to meet actual descendants of the mutineers that bring the story of the famed Mutiny on the Bounty to life. This magnificent 1½ hour show is performed in an outdoor amphitheater on Norfolk's western coastline and is an event not to be missed!!

Additional charge per person if transport is required

1.5 hours

Trial of the Fifteen

Eyewitness a courtroom drama as 15 extraordinary characters step on stage to unveil Norfolk's colourful and turbulent past. This highly successful play has been running for over ten years.

Theatrical Experience includes a Sherry with the actors after the play

1.5 hours

Sound and Light

Nightfall at Kingston brings a different mood to this historic location. The stillness, stars, and landscape are there just as they were before mankind arrived in 1788. However, with the dramatic use of sounds, theatrical lighting & costumed actors, the stillness is broken taking you through the horrifying decades of Norfolk Island's convict era.

2 hours



INTERACTIVE

The Commandants Dinner

The Commandant's Dinner is a "must" for your itinerary!! The cast of actors will take you on an entertaining journey to another world back in time. You will be enthralled by the Commandant's stories about the Convict Settlements on Norfolk Island and how the convicts were treated through punishment and reform. Listen to a chilling reverie of one of the infamous rebellions, and the way life has been adapted overtime on Norfolk Island

3 hours

Murder Mystery Dinner

Enjoy a 3 course meal fit for the commandants while a mystery of murder unfolds. Throughout this interaction you will be introduced to the Commandant, Clergyman & Convicts of this historic period.

Solve the mystery and win a prize!

Activity includes a step back in time with true characters from the second settlement

4 hours

**CREATE YOUR OWN STORY,
YOUR OWN ENDING, AND
SOLVE THE MYSTERIES
OF A FEW OF OUR
INTERACTIVE PUZZLE
INFUSED STORIES.**

Fletcher's Fate Dinner

A fascinating evening of interactive theatre, intrigue and mystery. This entertaining play examines the possible last movements and final whereabouts of the infamous mutineer, Fletcher Christian. It's dramatically acted out by a 6 character cast during a sumptuous 3 course dinner.

Alcohol can be purchased onsite

2 hours





Cyclorama

Don't miss the incredible, stunning and realistic 360 degree artwork of Norfolk's most popular attraction.

Visitors that step into the 3D detailed artwork, experience the feeling of standing on a pier or ships deck. Follow a set of depictions accompanied by storyboards, lists, and maps that explain the history in easy to understand ways.

For further information please visit our lovely staff in Cumberland Reception

Golf

Norfolk Island Golf Club is one of the few golf courses in the world located in a World Heritage Site. It is positioned on the coastal, south-east side of the Island, with some of the best views of any golf course in the world.

Golfing is open links style with the coastal breeze of Kikuyu grass being the main feature

Social play is generally available at any time except Wednesday and Saturday afternoons.

For further information please visit our lovely staff in Cumberland Reception



NORFOLK ISLAND

THE BEST PLACE ON EARTH!

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